

StrideMill Skating Treadmill

This product is aptly named to reflect the concept of a *skating* treadmill, and is the industry leader—world-wide!

It changes the way skate training is taught.

In fact—it changes, well...
EVERYTHING!

From preconceived notions of incline training benefits to the belief that 'bigger is better' - you will be amazed at what can, and, in fact, should be done, to improve skaters abilities.

We are the fastest calibrated machine on the market today. We are also

the most researched, most tested & most effective.

But we didn't stop there!

We can also provide **training programs** specifically designed to maximize the StrideMill's attributes.

Proud of *your* colors? No problem. We **custom colour** frames AND skating surfaces as well.

We use the best materials.

And...no glide enhancers needed—ever!

It doesn't get any better than that!



Key Benefits

Owner Benefits

- **Sales** — Convert unused space into *revenue*
- **Differentiation** — The Key to having a *competitive advantage*
- **ROI** — *Exceptional*, as hockey is on the increase for all ages

Team Benefits

- **Ice time** — Unlimited as this is *dryland* skating
- **Competitiveness** — No skater wants to be the teams weakest
- **Savings** — Dryland skating costs less than ice rink rental

Player Benefits

- **Focus** — Better mechanics through immediate feedback
- **Strength** — Achieving anaerobic burn state quicker than on ice
- **Accomplishment** — Seeing stride mechanic improvements less than 3 weeks

Applications

- Hockey, Figure & Speed Skaters
- Fitness & Power Training
- Dryland & Cross-Training
- Resistance Training
- High Schools & Universities
- All year round

Authorized Agent

www.SkatingTreadmill.com

www.ExpressFitnessProducts.com

